

**NEW PATIENT MEDICAL HISTORY
ORTHOPEDIC SPECIALTY**

Patient Name: _____ **Date of Birth:** _____

Gender Identity (Optional) _____

Please provide as much detail as you are able so that we can give you the safest and best care possible.

Preferred Pharmacy (name and location): _____

Primary Care Provider

Name: _____ **Phone #:** _____

Address: _____ **Fax #:** _____

What is the primary reason for your visit? _____

Date of onset of problem or injury: _____

Did you bring X-Rays / CT / MRI today? Yes No

Is this a work related injury? Yes No If yes, will you be using workman's comp benefits? Yes No

ALLERGIES

List any allergies and intolerances to **medications, food or the environment.**

No Known Allergies

Allergy:	Reaction:

Do you have any known allergies to metal? Yes No If yes, explain: _____

MEDICATIONS

List any medications, vitamins, supplements, and over the counter medications you are taking, with dose and how often.

Not taking any medications

Medication Name:	Dose:	How often?

MEDICAL HISTORY

List all medical conditions you are being treated for (high blood pressure, etc.)

1.	4.
2.	5.
3.	6.

DO NOT RETAIN AS PART OF THE PERMANENT MEDICAL RECORD

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Patient Name: _____ Date of Birth: _____

Have you had any recent hospitalizations or ER visits (provide dates and reason below)?

No prior hospitalizations/ER visits

Date:	

SURGICAL HISTORY

List all prior surgeries and the date. No prior surgeries

Date	Type of Surgery	Date	Type of Surgery

Have you had any difficulty with anesthesia? Yes No If yes, explain: _____

Have you received any blood transfusions in the past? Yes No Any problems? Yes No

FAMILY HISTORY

List health conditions for each family member.

	Alive	Deceased	Age of Death	Health Condition(s)
Father				
Mother				
Maternal Grandmother				
Maternal Grandfather				
Paternal Grandmother				
Paternal Grandfather				
Brothers				
Sisters				

SOCIAL HISTORY

Occupation _____ Employer _____

Exercise? No ____ Yes ____ Type(s) _____ Hours per Week _____

Do you have advance directives? _____

Do you have any religious belief that could affect your medical care? _____

TOBACCO / ALCOHOL / CAFFEINE / DRUGS

Tobacco/smoking status: Never _____

Current _____ Type _____ Amount _____ Duration _____

Former _____ Type _____ Amount _____ Duration _____

Do you use alcohol? No ____ Yes ____ Type _____ Amount _____ Frequency _____

Do you use Caffeine? No ____ Yes ____ Type _____ Amount _____ Frequency _____

Do you use recreational drugs? No ____ Yes ____ Type _____ Amount _____ Frequency _____

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Patient Name: _____ Date of Birth: _____

PAIN ASSESSMENT

Have you had any previous problems in this area? Yes/No _____

Location of pain/symptoms: _____

Please rate the stability of the affected area:

0 = no instability, 10 = very unstable: _____

Severity of Pain right now (0 = min, 10 = max): _____

Pain at rest: 0 = Min, 10 = Max _____

Pain with activity: 0 = Min, 10 = Max _____

Pain Frequency: (mark all that apply)

- Rare Occasional Constant
 Stairs only Stairs and walking

Status:

- Worse Stable Improving Resolved

Radiation of pain:

- No Yes, radiates to: _____

Quality of pain: (mark all that apply)

- Aching Burning Dull
 Piercing Sharp Throbbing

Other: _____

Injury/Trauma? No Yes

If Yes, when/where? (work, school, vacation, automobile, other): _____

Aggravated by: (mark all that apply)

- Bending Lifting Sitting
 Climbing stairs Movement Standing
 Descending stairs Pushing Walking

Other: _____

Prior treatment: (mark all that apply)

- Brace/splint Ice Mobility
 Elevation Injection Stretching
 Exercise Massage Physical Therapy
 Heat Rest Nothing

OTC/prescription meds: _____

Other: _____

Did any of the prior treatments above give relief?

If so, please list: _____

Which is your dominant hand? Right / Left _____

Associated symptoms: (mark all that apply)

- | | |
|---|--|
| <input type="checkbox"/> Bruising | <input type="checkbox"/> Limping |
| <input type="checkbox"/> Spasms | <input type="checkbox"/> Pain after inactivity |
| <input type="checkbox"/> "Crunching" | <input type="checkbox"/> Locking |
| <input type="checkbox"/> Swelling | <input type="checkbox"/> Stiffness |
| <input type="checkbox"/> Decreased mobility | <input type="checkbox"/> Wake at night |
| <input type="checkbox"/> Tingling in arms | <input type="checkbox"/> Tingling in legs |
| <input type="checkbox"/> Pain at night | <input type="checkbox"/> Difficulty going to sleep |
| <input type="checkbox"/> Joint feels unstable | <input type="checkbox"/> Numbness |
| <input type="checkbox"/> Weakness | <input type="checkbox"/> Joint tenderness |
| <input type="checkbox"/> "Popping" | Other: _____ |

Functional Abilities: Can you...

- | | | | |
|-------------------|--------------------------------------|---|---|
| Get in/out of car | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> With difficulty |
| Kneel | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> With difficulty |
| Put on sock/shoes | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> With difficulty |
| Go down stairs | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> With a rail |
| Go up stairs | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> With a rail |
| Sit in chair | <input type="checkbox"/> 1 hr. | <input type="checkbox"/> 30 min. | <input type="checkbox"/> Difficult |
| Walking distance: | <input type="checkbox"/> indoors | <input type="checkbox"/> Less than 5 blocks | <input type="checkbox"/> Greater than 10 blocks |
| | <input type="checkbox"/> 5-10 blocks | | |

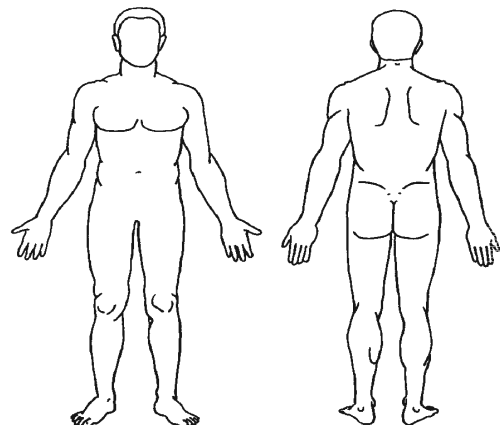
Do you have a limp?

- None Slight Moderate Severe

I require a...

- Cane Crutches
 Walker Wheelchair None

Indicate on the drawing below where you are having associated symptoms.



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