







# Banner Olive Branch Senior Center MENU | June 2024

## All Meals are Prepared Fresh Daily in our Kitchen.

\*Fruit & milk provided with all meals.  
Side soup M/W/F; Side Salad T/Th

MON	TUE	WED	THU	FRI
<b>Banner Olive Branch Senior Center</b> <b>13049 N 103rd Ave.</b> <b>Sun City, AZ 85351</b> <b>623-465-6000</b>	<b>BREAKFAST -\$5.00</b> <b>6:30 am – 8:30am</b>  <b>TO GO MEAL -\$5.00</b> <b>11:00 am-12:00 pm</b>	<b>LUNCH -\$5.00</b> ( Age 60 and older; Suggested donation)  <b>GUEST LUNCH- \$5.00</b> (Under age 60) <b>11:00 am- 12:00 pm</b>		<b>Thank you to our partners</b>  
3 <b>Garlic Shrimp in Cilantro Cream Sauce with Brown Rice, Broccoli and Cauliflower</b> 	4 <b>Meatballs in Marinara Sauce with Pasta, Asparagus and Bermuda Mixed Vegetables</b> 	5 <b>Chicken Spinach Salad with Cranberries, Feta Cheese, Red Onion, and Shredded Carrots w/Italian Dressing and a Roll</b> 	6 <b>BBQ Pork with Homemade Smokey Macaroni &amp; Cheese, Green Beans and Carrots</b> 	7 <b>Tuna Pasta Salad with Tomato's, Carrots, and Bell Peppers and Potato Chips</b> 
10 <b>Baked Ziti in Meat Sauce with Brussel Sprouts and Carribean Mixed Vegetables</b> 	11 <b>Chicken with Homemade Gravy, Brown Rice, Carrots and Cauliflower</b> 	12 <b>Pork Schnitzel with Homemade Mushroom Gravy; Scandinavian Vegetables, Wedge Potatoes and Roll</b> 	13 <b>Pot Roast Stroganoff with Broccoli and Chef's Choice Vegetable</b> 	14 <b>Crab Salad Roll with Tomato's, Celery, Coleslaw, Potato Chips and Pickle</b> 
17 <b>BBQ Chicken Sandwich with Peapods and Carrots</b> 	18 <b>Pork in Marinara Sauce with Pasta, Italian Mixed Vegetables and Asparagus</b> 	19 <b>Beef &amp; Brown Rice with Broccoli and Chef's Choice Vegetable</b> 	20 <b>Italian Sausage with Peppers and Onions, Baby Baked Potato and Roll</b> 	21 <b>Salmon on Mixed Green Salad with Red Onion, Tomato, and Asparagus with Balsamic Dressing and a Roll</b> 
24 <b>Baked Salmon w/ Roasted Bell Pepper Sauce, Roasted Brussel Sprouts; Tomato and Chickpea Couscous</b> 	25 <b>Herb Chicken with Homemade Cream Sauce, Carrots, Kale and Edamame in Quinoa</b> 	26 <b>Sweet and Sour Pork w/Peppers in Homemade Pineapple Sauce, Chef's Choice Vegetable, Fried Brown Rice</b> 	27 <b>Shredded Beef Soft Tacos with Bermuda Mixed Vegetables, Pinto Beans with Bell Peppers</b> 	28 <b>Cold Pastrami Slider with Shredded Lettuce, Cucumber &amp; Tomato Salad, Potato Chips, and Pickle</b> 

MON	TUE	WED	THU	FRI
<div>Olive Branch Activities</div> <div>*Asterik means Reservation Required Please sign up at 2nd floor reception area</div>		<div>Computer Lab</div> <div>Open Daily 9:00am-2:00pm Monthly computer classes offered.</div>	<div>Visit the Monday Menders</div> <div>Mondays 10:00-11:30 Bring a clean item for mending by skilled sewers from the Sew-n-Sew Club.</div>	<div>Thank you to our partners</div> <div>   </div>

<div>3</div> <div>10:00-10:45-Exercise 2nd floor</div> <div>9:30-Haicuts with ClipDart*</div> <div>12:00-2:00- Games &amp; Social Time</div>	<div>4</div> <div>9:30-11:00 Medicare Info 1:00-2:00 Lawyer*</div> <div></div>	<div>5</div> <div>8:00-12:00 Medicare Support* 10:00 SPECIAL EVENT: Ukulele Concert 10:00-10:45- Bingo</div> <div></div>	<div>6</div> <div>9:30-11:00 Medicare Info 1:00-2:00 Lawyer*</div>	<div>7</div> <div>SPECIAL EVENT: VIRTUAL TRAVEL CLUB * Colonial Williamsburg</div> <div>10:00-10:45 Exercise   2nd Floor</div>
<div>10</div> <div>10:00-10:45 Exercise 2nd floor</div> <div>12:00-2:00 Games &amp; Social Time</div> <div></div>	<div>11</div> <div>9:30-11:00 Medicare Info 1:00-2:00 Lawyer*</div>	<div>12</div> <div>8:00-10:00 Oak Street Health</div> <div></div> <div>10:00-10:45 Bingo Dining room</div>	<div>13</div> <div>9:30-11:00 Medicare Info 12:00 Movie* How the West Was Won with John Wayne 1:00-2:00 Lawyer*</div> <div></div>	<div>14</div> <div>10:30 World Elder Abuse Awareness Day Area Agency on Aging presentation</div> <div></div> <div>10:00-10:45 Exercise   2nd Floor</div>
<div>17</div> <div>10:00-10:45 Exercise 2nd floor</div> <div>12:00-2:00- Games &amp; Social Time</div> <div></div>	<div>18</div> <div>9:30-11:00 Medicare Info 1:00-2:00 Lawyer*</div> <div>4:00-6:00PM SENIOR PROM Join us at this special event, food, dancing &amp; more- CALL 773-754-9251 to RSVP</div>	<div>19</div> <div>8:00-12:00 Medicare Support* 10:00-10:45 Bingo Dining room</div> <div></div>	<div>20</div> <div>9:30-11:00 Medicare Info 12:00-1:30-ART CLASS* Painting for beginners hosted by Julie Larsson of the Ridges 1:00-2:00 Lawyer*</div> <div></div>	<div>21</div> <div>SPECIAL EVENT: VIRTUAL TRAVEL CLUB * Kenya Safari</div> <div></div> <div>10:00-10:45 Exercise   2nd Floor</div>
<div>24</div> <div>10:00-10:45 Exercise 2nd floor</div> <div>12:00-2:00 Games &amp; Social Time</div> <div>12:30-2:00 Low Vision Social Group- Exercise Room</div>	<div>25</div> <div>9:30-11:00 Medicare Info 1:00-2:00 Lawyer*</div> <div></div>	<div>26</div> <div>8:00-10:00 Oak Street Health</div> <div></div> <div>10:00-10:45- Bingo Dining room</div> <div></div>	<div>27</div> <div>9:30-11:00 Medicare Info 12:00 Movie* Home Again with Reese Witherspoon 1:00-2:00 Lawyer*</div> <div></div>	<div>28</div> <div>CANCELLED 10:00-10:45 Exercise</div> <div></div>