

A	Emergent	Only one condition needs to be present. Immediate help or placement is required.
A/B	Emergent/ Semi-Emergent	Can be either A or B depending on the cause, severity, and the person's response to the situation
B	Semi-Emergent	More than 2 conditions indicate there are safety concerns that must be addressed and remediated.
C	Non-Emergent	More than 3 conditions are present. More help will be beneficial. Re-evaluate monthly.

Talk about any safety issues and watch for changes in your person. There will come a time when it is not safe for them to live alone.

CARE T.I.P.S.

Try Including Practical Strategies



Living Alone

Alzheimer's

“What would you do if the house was on fire?”

When a person with dementia lives alone, there are concerns about how the person is handling daily life. The person does not know their limitations and safety risks may rise.

Dementia means changes in:

- Thinking (understanding)
- Making decisions (reasoning)
- Senses / perceiving
- Memory or thinking
- Insight, awareness or judgment

These changes can lead to safety issues by living alone at home, self-neglect, and the risk of being taken advantage of by others.

Asking the person what they would do in an emergency can help determine their safety. To get a clearer picture, use this tool* to learn if your person is safe living alone or being left alone for periods of time.

Visit BannerHealth.com/Alzheimers
for more information

*Adapted from the University of Iowa, 2004



Alzheimer's Institute &
Sun Health Research Institute

A**A/B****B****C**

<ul style="list-style-type: none"> ___ Weight loss of more than 6 pounds or 10% body weight in 6 months, able to see bones ___ Presence of paranoia, hallucinations, delusions, aggression, or thoughts of suicide ___ Threatens violence with/without weapons ___ Signs of caregiver injury/ domestic violence ___ Frequent ER/ Hospital visits ___ Signs of substance abuse ___ Frequent calls to police or emergency services ___ Wandering outside the home ___ No food/rotten food in the home ___ Lack of safety with stove, power/yard tools ___ Not able to take medications the right way ___ Livestock/other animals have poor care ___ Eviction notice served 	<ul style="list-style-type: none"> ___ Malfunctioning plumbing ___ Thermostats not set appropriately for weather conditions ___ Chronic anxiety, panic attacks, worry or depression is present ___ Unsafe driving or refuses to stop driving ___ Neighbors calling police 	<ul style="list-style-type: none"> ___ Not able to manage bowel/bladder care ___ Repeated calls to family/others asking what to do next ___ Dirty/infested household ___ Garbage build-up ___ Food stored poorly ___ Taken advantage of by family, friends, neighbors ___ Refuses personal care for long periods of time 	<ul style="list-style-type: none"> ___ Phone calls from community members advising help is needed ___ Vegetative or socially isolated behavior (sitting all day with TV on or off) ___ Missing belongings, hiding things ___ Poor grooming, wearing the same clothing all the time, soiled appearance
Total:	Total:	Total:	Total: