

Announcements/ Events

June 7th: Coffee Talk- Brain and Body 10-10:50am

June 12th: Ice Cream Social Southeast regional library 3-5pm

June 14th: Kelli Phone Tips and Tricks Coffee Talk 10-10:50am

June 21st: Parkinson's Foundation Coffee Talk 10-10:50am

June 25th: How to Use Your Smartphone Class begins Tuesdays at 11:00am; 6 weeks

Monday

10-11am Care Partners (Hybrid)
1:30-2:30pm Women's Group (Hybrid/June 10th and 24th)
1:30-2:30pm In person Speech
2:30-3:30pm in person Music
3:30-4:30pm Music Therapy (Zoom)

Tuesday

2:30-4:30pm Grief Support Group (Hybrid) June 4th only
3:30-4:30pm Zoom Men's Group

Wednesday

9-10am Dance (Hybrid)
1-2pm Zoom Speaking Group

Thursday

1:30-2:30pm Book Club (20th) (Hybrid)

Friday

10-11am Coffee Talk (Hybrid)

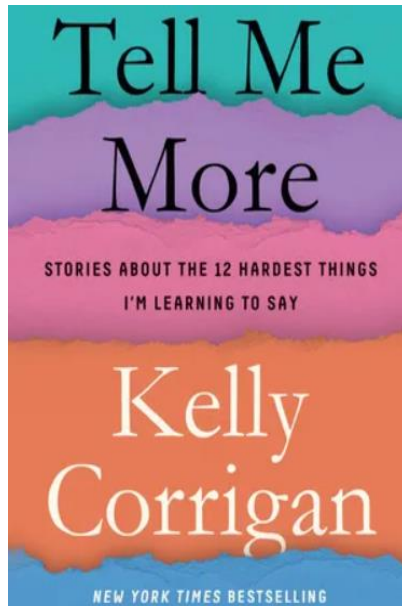
	Monday	Tuesday	Wednesday	Thursday	Friday				
3	8-8:50 PWR! Circuit 9-9:50 Advanced Yoga 9-9:50 PWR! Moves 10-10:50 PWR! Moves 11-11:50 PWR! One 12:30-1:20 PWR! One 1:30-2:20 One Boxing 2:30-3:20 Fitness 3:30-4:20 PWR! Moves	4	8-8:50 PWR! Circuit 9-9:50 PWR! Moves 10-10:50 Moves Boxing 11-11:50 PWR! One 12:30-1:20 One Boxing 1:30-2:20 PWR! One 2:30-3:20 PWR! One	5	8-8:50 PWR! Circuit 9-9:50 PWR! Moves 10-10:50 PWR! Moves 11-11:50 Advanced Yoga 11-11:50 PWR! One 12:30-1:20 Seated Yoga 1:30-2:20 PWR! One 2:30-3:20 Circuit Boxing 3:30-4:20 PWR! Moves	6	8-8:50 PWR! Circuit 9-9:50 PWR! Moves 10-10:50 One Boxing 11-11:50 Fitness 12:30-1:20 PWR! One 1:30-2:20 PWR! One 2:30-3:20 Circuit Boxing	7	8-8:50 PWR! Circuit 9-9:50 PWR! Moves 10-10:50 Coffee Talk 11:00-11:50 Advanced Yoga 11:30-12:20 PWR! One 12:30-1:20 PWR! One 1-2 Moves Boxing 2-3 PWR! Moves
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Book Club

June 20th: Discuss

“Tell me more”

By: Kelly Corrigan



June 21st: Start

“A Calamity of Souls”

By: David Baldacci

