DETECTING RELIABLE HEALTH INFORMATION ONLINE

On the internet, anyone can publish anything. It is important to know what is reliable and what is dangerous information. Use these tips to help you detect reliable health information!

A
AUTHORITY
Does the website use authority?

.GOV.EDU
Websites that end in .gov or .edu guarantee a high level of authority.

B
BIAS
What is the author's bias?

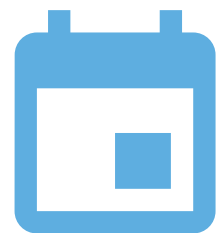### ADVERTISEMENTS
The best health information websites do not have ads; those that do are clearly labeled.

C
CURRENT
Is the information current?

DATES
Reliable websites will post publication dates since health information is constantly changing.