

Behavioral Health Residential Facilities (BHRF)

This is a special group home for short-term mental health and/or substance use treatment where a member stays overnight and receives daily care. A member, diagnosed with a Behavioral Health Condition, must show symptoms that require this care. Banner Health Plans uses criteria found in AHCCCS AMPM Policy 320-V to determine admission.

Admission is based on medical need as outlined in AHCCCS Medical Policy Manual (AMPM) - **AMPM Policy 320-V**.

Member has a diagnosed behavioral health condition and has symptoms and behaviors necessary for a request for residential treatment. The behavioral health condition causing the significant functional and/or psychosocial impairment is shown in the assessment by the following:

1. At least one area of significant risk of harm within the past three months as a result of:
 - a) Suicidal/aggressive/self-harm/homicidal thoughts or behaviors without current plan or intent,
 - b) Impulsivity with poor judgment/insight,
 - c) Maladaptive physical or sexual behavior,
 - d) Inability to remain safe within environment, despite environmental supports (i.e. informal supports), or
 - e) Medication side effects due to toxicity or contraindications.

AND

2. At least one area of serious functional impairment as evidenced by:
 - a) Inability to complete developmentally appropriate self-care or self-regulation due to behavioral health condition(s),
 - b) Neglect or disruption of ability to attend to majority of basic needs, such as personal safety, hygiene, nutrition, or medical care,
 - c) Frequent inpatient psychiatric admissions, or legal involvement due to lack of insight or judgment associated with psychotic or affective/mood symptoms or major psychiatric disorders,
 - d) Frequent withdrawal management services, which can include but are not limited to, detox facilities, MAT, and ambulatory detox,
 - e) Inability to independently self-administer medically necessary psychotropic medications despite interventions such as education, regimen simplification, daily outpatient dispensing, and long-acting injectable medications, or
 - f) Impairments persisting in the absence of situational stressors that delay recovery from the presenting problem.
 - g) A need for 24-hour behavioral health care and supervision to develop adequate and effective coping skills that will allow the member to live safely in the community,
 - h) Anticipated stabilization cannot be achieved in a less restrictive setting,
 - i) Evidence that behavioral health treatment in a less restrictive level of care (e.g., Intensive Outpatient Program (IOP), Partial Hospital Program, etc.) has not been successful or is not available, therefore warranting a higher level of care, appropriate treatment in a less restrictive environment has not been successful or is not available, therefore warranting a higher level of care, and
 - j) Member or Guardian agrees to participate in treatment. In the case of those who have a Health Care Decision Maker (HCDM), including minors, the HCDM also agrees to, and participates as part of, the treatment team.
 - k) Agreement to participate in treatment is not a requirement for individuals who are court ordered to a secured BHRF.

Substance Use Disorder Residential Treatment -

Admission to a BHRF that provides treatment for substance use disorders is determined by clinical assessment and meeting criteria provided in AHCCCS AMPM Policy 320-V. Banner Health Plans also use criteria from the American Society of Addiction Medicine (ASAM) assessment to determine the need for this level of care.

BHRF Exclusionary Criteria

A Behavioral Health Residential Facility cannot be used as placement, such as -

- An alternative to detention or incarceration.
- Ensure community safety in circumstances where member is exhibiting primarily conduct disorder behavior without the presence of risk or functional impairment.
- Provide safe housing, shelter, supervision, or permanency placement.
- Member/health care decision maker are unwilling to participate in less restrictive alternative behavioral health interventions that meet the member's treatment needs.
- An intervention for runaway behaviors unrelated to a Behavioral Health Condition.

Criteria for Continued Stay

Concurrent Review for BHRF continued stay must be assessed by the BHRF staff and the ART/CFT during the service plan review and update. Progress towards the treatment goals and continued display of risk and functional impairment must also be addressed. Treatment intervention, frequency, crisis/safety planning and targeted discharge must be adjusted accordingly to support the need for continued stay.

The following criteria will be considered when determining continued stay:

- The member continues to demonstrate significant risk of harm and/or functional impairment as a result of a behavioral health condition consistent with the criteria for admission.
- Providers and supports are not available to meet current behavioral and physical health needs at a less restrictive lower level of care.
- Member is making progress towards identified goals or if there is lack of progress the facility and service plan are revised resulting in the expectation of improvement.
- The member is demonstrating marked improvement toward the one or more identified area of significant risk of harm that was identified during the admission/evaluation period.