

# Technology Tips

## Resources for Accessing Technology Devices to Help You Use the Internet

The internet can be used to connect you with your doctors, make appointments and stay up to date with your health care. You can access the internet via wireless technology (Wi-Fi). Wi-Fi can be public or private and it connects on computers, tablets or smartphones.

You can use public Wi-Fi networks at some doctor offices. For digital safety, do not access or share personal information, including personal banking or health information, when using public Wi-Fi.

Don't have a technology device to help you access the internet? We might be able to help. Below are some resources you may qualify for as a Banner Medicare Advantage member.

### Assurance Wireless

If you qualify, you may receive:

- 4.5GB of data each month
- Free 1000 voice minutes
- Free unlimited texts
- Free smartphone (*one-time only*)

To apply, visit [www.AssuranceWireless.com/partner/bbma](http://www.AssuranceWireless.com/partner/bbma). If you have any questions, call **888-321-5880**.

### AZ Technology Access Program (AzTAP)

- Lending programs for devices, such as computers, keyboards, monitors and other technology.
- Devices can be checked out in person or shipped at no charge for two weeks at a time.

To learn more, visit [www.AzTap.org](http://www.AzTap.org) or call **602-728-9534**.

### What are QR Codes?

QR codes are an easy way to access specific websites when scanned through your smartphone. Most smartphones can scan QR codes through the camera app or an app like Google Lens. For digital safety, only scan QR codes from sources you know.

Try it out!

