



Improving life through better nutrition at home

At Banner Medicare Advantage, we recognize the importance of having access to the right nutrition, which is why we have partnered with Mom's Meals®.

When recovering from a stay in the hospital or skilled nursing facility, we ensure you get the nutrition you need for better health at every stage in life.

Mom's Meals Difference

Refrigerated – Ready to heat, eat and enjoy in minutes

Medically Tailored – Supports the needs of most common chronic conditions

Choice of Every Meal, Every Delivery*

Delivery to Any Address – No matter how remote

Compassionate Customer Service

How it Works

Member can receive 12 meals for 30 days after discharging from a hospital stay or a skilled nursing facility.

- 1 Contact your case manager or Banner Medicare Advantage
- 2 Case manager or Banner Medicare Advantage will provide paperwork to Mom's Meals
- 3 Meals are delivered to your home

*Initial deliveries will have a variety of meals based on dietary preferences.



Choosing HEALTH, NOURISHING Happiness

Mom's Meals offers menus that meet the nutritional requirements for most major health conditions.



Heart Friendly



Diabetes Friendly



Vegetarian



Cancer Support



Lower Sodium



Pureed



General Wellness



Renal Friendly



Gluten Free



Mom's Meals continues to help me heal. After my surgery, I was told to stay off my feet. Thanks to the ease of your meals, I have been able to do so. I LOVE IT!

- Happy Customer

Sample Menu*

BREAKFAST

BREAKFAST SANDWICH
and Fruit Crisp

COLBY CHEESE OMELET
with French Toast Sticks
and Turkey Sausage

LUNCH

BEEF STEW
with Cornbread

PORK STIR FRY RICE
and Spiced Fruit Medley

DINNER

CHEESE LASAGNA
with Marinara Sauce
and Fruit Crisp

**BBQ CHICKEN WITH
POTATO MEDLEY**
and Seasoned Green Beans



Banner
Medicare Advantage

*Meals/menu availability are dependent on plan benefit.

*Meals must be ordered within 30 days of discharge from a hospital or skilled nursing facility.