

# Chronic Kidney Disease and End Stage Renal Disease can be overwhelming. Do you ever find it hard to keep up with all the different doctors, treatments, medications, diets, labs and instructions?

As a member of Banner Medicare Advantage Plus PPO, dedicated Care Managers will be by your side to provide the support you need to take control of your health.

## Monogram Health Services Include:

- In-home visits from nurses and social workers
- Personalized education for you and your loved ones
- Help with understanding and keeping up with your medications
- Dedicated care team available 24/7 to answer your questions
- Wireless blood pressure monitor and scale for tracking key vitals
- Access to pharmacists and nutritionists for personalized advice



## Monogram Health Programs:

- Are provided at no cost to plan members
- Work with your existing physicians

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## For more information:

Call **(844) 549-1859**, TTY 711, 8 a.m. to 8 p.m., seven days a week

